

	Perf moyenne top 20	
	F	M
100m	11,07	9,98
200m	22,48	20,13
400m	50,70	44,90
800m	1:58,95	1:44,42
1500m	4:01,61	3:32,48
5000m	14:52,54	13:04,02
10 000m	31:09,11	27:34,83
Marathon	2:22:53	2:06:08
100/110m haies	12,73	13,28
400m haies	54,72	48,66
3000m Steeple	9:19,22	8:17,08
Hauteur	1,95	2,29
Perche	4,63	5,81
Longueur	6,82	8,18
Triple saut	14,31	17,02
Poids	18,55	21,18
Disque	62,21	65,97
Marteau	72,57	77,12
Javelot	62,15	83,88
Ep. Combinées	6203	8277
20km marche	1:29:14	1:19:55
35km marche	Bilan WA	Bilan WA

Couloirs de performance top 32 : liste relève

	Cadet(te)	JU1	JU2	ES1	ES2	ES3	SE1	SE2	SE3	SE4	SE5	SE6	SE7	SE8	SE9	SE10	SE11
100 F	11,61	11,61	11,48	11,38	11,30	11,24	11,19	11,16	11,14	11,14	11,14	11,14	11,14	11,14	11,14	11,14	11,14
100 M	10,43	10,43	10,30	10,22	10,16	10,11	10,08	10,06	10,05	10,04	10,04	10,04	10,04	10,04	10,04	10,04	10,04
200 F	23,66	23,66	23,40	23,19	23,04	22,93	22,85	22,79	22,75	22,74	22,74	22,74	22,74	22,74	22,74	22,74	22,74
200 M	21,17	21,17	20,85	20,62	20,46	20,35	20,29	20,26	20,26	20,26	20,26	20,26	20,26	20,26	20,26	20,26	20,26
400 F	53,62	53,62	52,94	52,39	51,96	51,63	51,39	51,24	51,15	51,15	51,15	51,15	51,15	51,15	51,15	51,15	51,15
400 M	46,65	46,65	46,04	45,61	45,32	45,16	45,08	45,08	45,08	45,08	45,08	45,08	45,08	45,08	45,08	45,08	45,08
800 F	2:06,90	2:06,90	2:05,51	2:04,20	2:03,01	2:01,98	2:01,13	2:00,48	2:00,02	1:59,76	1:59,76	1:59,76	1:59,76	1:59,76	1:59,76	1:59,76	1:59,76
800 M	1:49,86	1:49,86	1:47,93	1:46,52	1:45,57	1:45,02	1:44,83	1:44,83	1:44,83	1:44,83	1:44,83	1:44,83	1:44,83	1:44,83	1:44,83	1:44,83	1:44,83
1500 F	4:23,86	4:23,86	4:19,70	4:16,03	4:12,83	4:10,13	4:07,92	4:06,21	4:04,99	4:04,26	4:04,00	4:04,00	4:04,00	4:04,00	4:04,00	4:04,00	4:04,00
1500 M	3:44,71	3:44,71	3:41,65	3:39,29	3:37,51	3:36,20	3:35,27	3:34,66	3:34,32	3:34,32	3:34,32	3:34,32	3:34,32	3:34,32	3:34,32	3:34,32	3:34,32
3000 F	9:31,00	9:31,00	9:26,00														
3000 M	8:15,00	8:15,00	8:08,00														
5000 F	16:16,97	16:16,97	16:06,97	15:46,97	15:36,97	15:31,97	15:26,97	15:16,97	15:06,97	15:06,97	15:06,97	15:06,97	15:06,97	15:06,97	15:06,97	15:06,97	15:06,97
5000 M	14:06,01	14:06,01	13:56,01	13:41,01	13:36,01	13:31,01	13:23,01	13:16,01	13:11,01	13:11,01	13:11,01	13:11,01	13:11,01	13:11,01	13:11,01	13:11,01	13:11,01
10 000 F				33:27,40	33:07,40	32:47,40	32:37,40	32:27,40	32:17,40	32:07,40	31:57,40	31:57,40	31:57,40	31:57,40	31:57,40	31:57,40	31:57,40
10 000 M				29:20,56	29:00,56	28:40,56	28:30,56	28:20,56	28:10,56	28:00,56	27:52,56	27:52,56	27:52,56	27:52,56	27:52,56	27:52,56	27:52,56
Marathon F				1:10:53 *	1:10:20 *	1:10:05 *	2:32:01	2:30:10	2:29:12	2:28:40	2:28:16	2:27:50	2:27:16	2:26:36	2:25:55	2:25:19	2:24:57
Marathon M				1:01:30 *	1:01:11 *	1:00:56 *	2:10:28	2:09:23	2:08:52	2:08:37	2:08:26	2:08:13	2:07:57	2:07:40	2:07:25	2:07:18	2:07:18
100haies F	13,57	13,66	13,48	13,33	13,20	13,09	13,00	12,94	12,89	12,87	12,87	12,87	12,87	12,87	12,87	12,87	12,87
110haies M	13,66	13,96	13,63	13,80	13,62	13,51	13,45	13,43	13,43	13,43	13,43	13,43	13,43	13,43	13,43	13,43	13,43
400haies F	59,96	59,50	58,57	57,74	57,02	56,43	55,99	55,69	55,52	55,52	55,52	55,52	55,52	55,52	55,52	55,52	55,52
400haies M	52,37	51,83	50,78	50,03	49,52	49,20	49,02	48,94	48,94	48,94	48,94	48,94	48,94	48,94	48,94	48,94	48,94
Steeple F	6:49,00 **	10:39,58	10:27,58	10:14,58	10:04,58	9:51,58	9:44,58	9:36,58	9:29,58	9:29,58	9:29,58	9:29,58	9:29,58	9:29,58	9:29,58	9:29,58	9:29,58
Steeple M	5:45,00 **	8:52,20	8:47,20	8:42,20	8:37,20	8:33,20	8:29,20	8:25,20	8:21,20	8:21,20	8:21,20	8:21,20	8:21,20	8:21,20	8:21,20	8:21,20	8:21,20
Hauteur F	1,82	1,82	1,85	1,88	1,90	1,91	1,91	1,92	1,92	1,92	1,92	1,92	1,92	1,92	1,92	1,92	1,92
Hauteur M	2,14	2,14	2,18	2,21	2,24	2,26	2,27	2,28	2,28	2,28	2,28	2,28	2,28	2,28	2,28	2,28	2,28
Perche F	4,04	4,04	4,16	4,25	4,33	4,39	4,43	4,47	4,49	4,51	4,52	4,52	4,52	4,52	4,52	4,52	4,52
Perche M	5,12	5,12	5,29	5,43	5,53	5,60	5,65	5,67	5,67	5,67	5,67	5,67	5,67	5,67	5,67	5,67	5,67
Longueur F	6,14	6,14	6,27	6,37	6,45	6,51	6,57	6,61	6,64	6,65	6,65	6,65	6,65	6,65	6,65	6,65	6,65
Longueur M	7,48	7,48	7,67	7,83	7,94	8,02	8,06	8,08	8,08	8,08	8,08	8,08	8,08	8,08	8,08	8,08	8,08
Triple F	12,90	13,29	13,53	13,70	13,82	13,90	13,97	14,02	14,07	14,10	14,13	14,13	14,13	14,13	14,13	14,13	14,13
Triple M	15,30	16,02	16,31	16,51	16,65	16,73	16,79	16,83	16,85	16,86	16,86	16,86	16,86	16,86	16,86	16,86	16,86
Poids F	16,20	15,77	16,36	16,85	17,25	17,55	17,75	17,86	17,90	17,90	17,90	17,90	17,90	17,90	17,90	17,90	17,90
Poids M	18,80	17,53	18,72	18,09	18,68	19,30	19,84	20,27	20,56	20,70	20,70	20,70	20,70	20,70	20,70	20,70	20,70
Disque F	48,43	48,43	51,32	53,63	55,46	56,90	58,02	58,88	59,51	59,95	60,22	60,34	60,34	60,34	60,34	60,34	60,34
Disque M	58,00	54,51	58,89	57,89	59,39	60,73	61,87	62,78	63,44	63,87	64,07	64,07	64,07	64,07	64,07	64,07	64,07
Marteau F	62,40	56,84	59,41	61,87	64,08	65,98	67,51	68,66	69,43	69,84	69,84	69,84	69,84	69,84	69,84	69,84	69,84
Marteau M	70,70	69,09	73,20	68,01	70,23	71,96	73,27	74,24	74,91	75,34	75,56	75,56	75,56	75,56	75,56	75,56	75,56
Javelot F	51,56	51,56	53,12	54,90	56,64	58,19	59,43	60,30	60,79	60,79	60,79	60,79	60,79	60,79	60,79	60,79	60,79
Javelot M	71,00	69,52	72,93	76,24	77,95	79,41	80,55	81,34	81,77	81,77	81,77	81,77	81,77	81,77	81,77	81,77	81,77
Ep. Comb. F	5235	5235	5392	5518	5636	5731	5804	5866	5922	5974	6021	6059	6084	6084	6084	6084	6084
Ep. Comb. M	7101	7101	7366	7416	7541	7683	7820	7927	7999	8033	8033	8033	8033	8033	8033	8033	8033
20km marche F	0:49:35 ***	0:49:35 ***	0:48:35 ***	1:37:00	1:35:30	1:34:15	1:33:15	1:32:30	1:31:50	1:31:21	1:31:06	1:31:06	1:31:06	1:31:06	1:31:06	1:31:06	1:31:06
20km marche M	0:43:22 ***	0:43:22 ***	0:42:22 ***	1:25:03	1:24:03	1:22:48	1:21:48	1:21:03	1:20:24	1:20:24	1:20:24	1:20:24	1:20:24	1:20:24	1:20:24	1:20:24	1:20:24

* Performances sur semi-marathon

** Performances sur 2000m steeple

*** Performances sur 10 000m ou 10km marche

Couloirs de performance top 50 ajusté : liste espoir et collectifs nationaux

	CA1	CA2	JU1	JU2	ES1	ES2	ES3	SE1	SE2	SE3	SE4	SE5	SE6	SE7	SE8	SE9	SE10	SE11
100 F	12,05	11,94	11,84	11,76	11,48	11,38	11,32	11,27	11,24	11,22	11,22	11,22	11,22	11,22	11,22	11,22	11,22	11,22
100 M	10,89	10,75	10,64	10,55	10,34	10,23	10,18	10,15	10,13	10,12	10,11	10,11	10,11	10,11	10,11	10,11	10,11	10,11
200 F	24,90	24,59	24,34	24,13	23,51	23,29	23,18	23,10	23,04	23,00	22,99	22,99	22,99	22,99	22,99	22,99	22,99	22,99
200 M	22,15	21,83	21,57	21,36	20,80	20,62	20,51	20,45	20,42	20,42	20,42	20,42	20,42	20,42	20,42	20,42	20,42	20,42
400 F	57,05	56,16	55,39	54,70	53,08	52,47	52,14	51,90	51,75	51,66	51,66	51,66	51,66	51,66	51,66	51,66	51,66	51,66
400 M	49,51	48,72	48,06	47,50	46,19	45,60	45,44	45,36	45,36	45,36	45,36	45,36	45,36	45,36	45,36	45,36	45,36	45,36
800 F	2:12,93	2:11,26	2:09,56	2:07,87	2:04,72	2:04,00	2:02,97	2:02,12	2:01,47	2:01,01	2:00,75	2:00,75	2:00,75	2:00,75	2:00,75	2:00,75	2:00,75	2:00,75
800 M	1:55,96	1:53,56	1:51,57	1:50,10	1:47,25	1:46,27	1:45,72	1:45,53	1:45,53	1:45,53	1:45,53	1:45,53	1:45,53	1:45,53	1:45,53	1:45,53	1:45,53	1:45,53
1500 F	4:40,16	4:34,59	4:29,76	4:25,68	4:17,84	4:15,69	4:12,99	4:10,78	4:09,07	4:07,85	4:07,12	4:06,86	4:06,86	4:06,86	4:06,86	4:06,86	4:06,86	4:06,86
1500 M	3:56,13	3:52,12	3:49,15	3:46,61	3:41,68	3:38,90	3:37,59	3:36,66	3:36,05	3:35,71	3:35,71	3:35,71	3:35,71	3:35,71	3:35,71	3:35,71	3:35,71	3:35,71
3000 F	10:11,05	9:56,05	9:46,00	9:31,00														
3000 M	8:35,14	8:25,14	8:20,00	8:15,00														
5000 F			16:28,41	16:13,41	16:03,41	15:53,41	15:48,41	15:43,41	15:33,41	15:23,41	15:23,41	15:23,41	15:23,41	15:23,41	15:23,41	15:23,41	15:23,41	15:23,41
5000 M			14:21,90	14:06,90	13:51,90	13:46,90	13:41,90	13:36,90	13:26,90	13:17,90	13:17,90	13:17,90	13:17,90	13:17,90	13:17,90	13:17,90	13:17,90	13:17,90
10 000 F					33:58,49	33:38,49	33:18,49	33:08,49	32:58,49	32:48,49	32:43,49	32:38,49	32:38,49	32:38,49	32:38,49	32:38,49	32:38,49	32:38,49
10 000 M					29:38,01	29:23,01	29:03,01	28:48,01	28:33,01	28:23,01	28:13,01	28:08,01	28:08,01	28:08,01	28:08,01	28:08,01	28:08,01	28:08,01
Marathon F					1:11:45 *	1:11:12 *	1:10:57 *	2:33:50	2:31:59	2:31:01	2:30:29	2:30:05	2:29:39	2:29:05	2:28:25	2:27:44	2:27:08	2:26:46
Marathon M					1:02:19 *	1:02:00 *	1:01:45 *	2:11:52	2:10:47	2:10:16	2:10:01	2:09:50	2:09:37	2:09:21	2:09:04	2:08:49	2:08:42	2:08:42
100haies F	14,16	13,97	14,07	13,91	13,46	13,32	13,21	13,12	13,06	13,01	12,99	12,99	12,99	12,99	12,99	12,99	12,99	12,99
110haies M	14,52	14,15	14,27	14,03	13,89	13,73	13,62	13,56	13,54	13,54	13,54	13,54	13,54	13,54	13,54	13,54	13,54	13,54
400haies F	62,59	61,73	60,94	60,17	58,33	57,69	57,10	56,66	56,36	56,19	56,19	56,19	56,19	56,19	56,19	56,19	56,19	56,19
400haies M	55,43	54,28	53,46	52,59	50,81	50,02	49,70	49,52	49,44	49,44	49,44	49,44	49,44	49,44	49,44	49,44	49,44	49,44
Steeple F	7:19,00 **	7:04,00 **	6:59,00 ** 10:43,50	6:54,00 ** 10:33,50	10:23,50	10:13,50	10:06,50	9:53,50	9:46,50	9:40,50	9:40,50	9:40,50	9:40,50	9:40,50	9:40,50	9:40,50	9:40,50	9:40,50
Steeple M	6:07,65 **	5:57,65 **	9:01,47	8:51,47	8:46,47	8:41,47	8:38,47	8:34,47	8:30,47	8:26,47	8:26,47	8:26,47	8:26,47	8:26,47	8:26,47	8:26,47	8:26,47	8:26,47
Hauteur F	1,68	1,72	1,75	1,77	1,83	1,87	1,88	1,88	1,89	1,89	1,89	1,89	1,89	1,89	1,89	1,89	1,89	1,89
Hauteur M	2,00	2,05	2,08	2,11	2,18	2,22	2,24	2,25	2,25	2,25	2,25	2,25	2,25	2,25	2,25	2,25	2,25	2,25
Perche F	3,56	3,68	3,77	3,86	4,11	4,19	4,25	4,29	4,33	4,35	4,37	4,38	4,38	4,38	4,38	4,38	4,38	4,38
Perche M	4,57	4,75	4,90	5,04	5,25	5,41	5,48	5,53	5,55	5,55	5,55	5,55	5,55	5,55	5,55	5,55	5,55	5,55
Longueur F	5,68	5,83	5,95	6,07	6,27	6,37	6,43	6,48	6,52	6,55	6,57	6,57	6,57	6,57	6,57	6,57	6,57	6,57
Longueur M	6,88	7,08	7,25	7,40	7,67	7,86	7,94	7,98	8,00	8,00	8,00	8,00	8,00	8,00	8,00	8,00	8,00	8,00
Triple F	12,11	12,45	12,73	12,95	13,28	13,53	13,62	13,68	13,74	13,78	13,82	13,84	13,84	13,84	13,84	13,84	13,84	13,84
Triple M	14,55	15,01	15,32	15,62	16,02	16,37	16,45	16,51	16,55	16,57	16,58	16,58	16,58	16,58	16,58	16,58	16,58	16,58
Poids F	14,37	15,39	13,90	14,54	15,54	16,48	16,78	16,98	17,09	17,13	17,13	17,13	17,13	17,13	17,13	17,13	17,13	17,13
Poids M	15,43	16,86	16,48	17,47	17,50	18,10	18,72	19,26	19,69	19,98	20,12	20,12	20,12	20,12	20,12	20,12	20,12	20,12
Disque F	37,94	41,15	43,95	46,89	51,05	52,93	54,37	55,49	56,35	56,97	57,41	57,69	57,81	57,81	57,81	57,81	57,81	57,81
Disque M	44,01	48,99	50,14	53,58	55,33	57,15	58,50	59,64	60,54	61,21	61,63	61,83	61,83	61,83	61,83	61,83	61,83	61,83
Marteau F	52,69	56,58	52,26	55,05	59,78	61,77	63,67	65,20	66,34	67,11	67,53	67,53	67,53	67,53	67,53	67,53	67,53	67,53
Marteau M	59,41	63,97	62,51	66,07	66,97	68,16	69,89	71,20	72,17	72,84	73,27	73,49	73,49	73,49	73,49	73,49	73,49	73,49
Javelot F	45,75	48,82	47,08	48,62	52,26	54,26	55,80	57,04	57,91	58,40	58,40	58,40	58,40	58,40	58,40	58,40	58,40	58,40
Javelot M	60,45	64,55	63,82	67,03	72,68	76,08	77,54	78,68	79,47	79,90	79,90	79,90	79,90	79,90	79,90	79,90	79,90	79,90
Ep. Comb. F	4600	4850	4973	5130	5256	5374	5468	5542	5604	5660	5712	5759	5797	5822	5822	5822	5822	5822
Ep. Comb. M	6379	6729	6884	7149	7199	7324	7466	7603	7710	7782	7816	7816	7816	7816	7816	7816	7816	7816
20km marche F	27:30 ***	26:30 ***	52:00 ****	51:00 ****	1:40:00	1:38:30	1:37:00	1:36:58	1:35:53	1:35:00	1:34:19	1:33:51	1:33:36	1:33:36	1:33:36	1:33:36	1:33:36	1:33:36
20km marche M	23:25 *** 47:21 ****	22:55 *** 46:21 ****	45:21 ****	44:21 ****	1:27:42	1:26:12	1:24:42	1:23:12	1:22:26	1:22:26	1:22:26	1:22:26	1:22:26	1:22:26	1:22:26	1:22:26	1:22:26	1:22:26

* Performances sur semi-marathon

** Performances sur 2000m steeple

*** Performances sur 5000m marche

**** Performances sur 10 000m ou 10km marche